



New For 2023



Better Health at Work Award

Foundation Award

This Level has been specifically designed as a manageable introduction to building staff health and wellbeing structures into the workplace.

It has been tailored to ensure achievable goals within a realistic timeframe.

The Award Requirements

- ✔ A minimum of one trained Health Advocate required to support the scheme
- ✔ Run a light-touch staff survey (template provided) to determine the health needs of the workforce
- ✔ Run a minimum of two staff focussed, health and wellbeing campaigns
- ✔ Develop one new communication method and a workplace/facilities improvement related to staff wellbeing
- ✔ Produce a small amount of evidence to demonstrate all the above activity (5-10 pieces required)
- ✔ Achievable in six months or less
- ✔ Work completed at the Foundation Level can contribute towards the subsequent Bronze Award

The Benefits of Participation

