Better Health at Work Award

Event/Activity Record – Participant survey

If you have taken part in an event or activity for the NE Better Health at Work Award, we would be interested in your feedback.

Please take a couple of minutes to complete this short questionnaire.

Event/Activity title:…….....

Date of activity:……..

2. Gender: Male ☐ Female ☐

3. Age: 18-30 ☐ 31-45 ☐ 46-60 ☐ 61+ ☐

4. Postcode: ……..
(optional)

5. Department/Section:

……..

6. Why did you take part?

……..

……..

……..

7. What did you like most?

……

……

8. What did you like least?

……

……

9. Is there anything you would do to improve the event/activity?

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10. What lifestyle change will you make as a result of the event/activity?

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……..

Any other comments (e.g. additional information, suggestions for future events or activities)?

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……..

Please return to your Health Advocate or
Insert email

Thank you