

thyssenkrupp acts on employee survey

Employer: thyssenkrupp rothe erde UK Co Ltd

Area: Durham

Theme: Weight Management



Roballo Engineering now thyssenkrupp rothe erde UK Co Ltd. Is part of the rothe erde group, which employs more than 7,000 employees worldwide, took part in an employee survey in September 2016 the results of which were available in March 2017.

One of the biggest areas that did not receive a favourable response was the company's perceived lack of Corporate Social Responsibility. In order for us to address this matter we asked people to put suggestions forward where we could help our local community.

Here is a list of some of the causes and events we have supported, since 2017:

- The Great North Air Ambulance
- Hartlepool Pools Girls football team under 8's – sponsored them for their full kit
- Trimdon Youth under 10s football team – sponsored them for their full kit



- Northumbria Blood bikes
- British Heart Foundation **
- Daisy Chain
- Cancer Research
- Teesside Hospice
- Dene Community School
- Bradley Lowery Foundation
- MacMillian Coffee Morning
- Movember

In David's own words:

"I was not happy with my weight (16½ stone) and was bored not having a hobby, so I decided I would start mountain biking again. At first I was just riding down the old railway line to Bishop Auckland and back which was about 10 miles. Keeping up the commitment was difficult as I did this on my own there was no-one there to push me along.

As I became fitter, I increased the distance to twenty miles, which I undertook three or four times a week. As my fitness increased, I decided to give the trails a go in Hamsterley Forest. This consisted of various loops of varying degrees of difficulty.

In 2017 I turned forty and had been looking at a ride which the British Heart Foundation organised from London to Brighton. This was an off-road event covering 78 miles.

As I had never done anything like this before, I entered a less challenging local event, which was 'The Pennine Peddler' which covered forty-two miles. I completed this in 4 hours 52 minutes and was very proud of my achievement. This just gave me the inspiration to consider the London to Brighton challenge.

In September 2017 I was ready for that challenge and I entered the London to Brighton off-road ride covering 78 miles. I hired a minibus and drove my family to Brighton where I completed this ride in 7 hours 50 minutes. I raised over four hundred pounds for the charity.

Since I started cycling again, I have lost two and half stone and have a hobby I truly enjoy.

There are a couple of different rides I would like to try; one is called the "Monster Miles" which is held in the Lake District and involves tackling lots of hills".

