



# BHAW Webinar

Physical and Sexual Health campaign - Melissa Bus

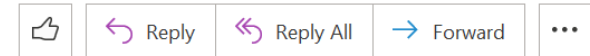
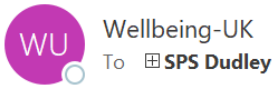
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- MELISSA (Mobile Educational Learning Improving Simulation Safety Activities) is a double decker bus which has been designed to deliver healthcare education and training across the Northeast and North Cumbria.
- The MELISSA bus joined Sterling on site to offer advice on lots of different health topics such as sexual health, blood pressure, cancer awareness and lots more.
- Screening took place on the top deck of the bus for STI's, including blood testing and the option of urine testing. Blood pressure checks were also administered by an NHS health professional.
- Downstairs our employees were able to get 1 on 1 advise from the team, take part in interactive discussion and also received goodybags and other freebies to take away with them.
- Our onsite OH nurses worked with the team to ensure footfall and interest
- We had 80+ attendees on the day and received great feedback from our employees

## 🔗 Melissa visit was supplementary to activity taking place in February around Sexual Health Awareness

Sexual Health Awareness



Fri 17/02/2023 15:06



STI testing is a key part in maintaining your sexual health.

Northumbria Healthcare offer quick, free, confidential, and easy access to testing. Not all sexually transmitted infections have symptoms, but early detection ensures you can get treatment, stay healthy and avoid passing an STI onto anyone else.

There are many ways to test including visiting your local One to One Centre, your GP or by ordering a home testing kit [online](#) if you don't have symptoms.

For access to further information on safer sex, contraception, and pregnancy you can visit [Northumbria Healthcare NHS Foundation Trust: Sexual Health Services](#).

For those of you with children, or young adults in the family, chatting about safe sex and sexual health can seem daunting, but there are also a number of websites out there to help you navigate the conversation;

[Think u know](#)

[For parents - FPA](#)


[Support for Parents | Lets Talk About It](#)

For further information, signposting, or support please contact Occupational Health or email [Wellbeing-UK@sterlingpsl.com](mailto:Wellbeing-UK@sterlingpsl.com).



⬡ A number of emails were directed site wide over the weeks approaching and a reminder on the day

MELISSA BUS ON SITE TODAY

 Wellbeing-UK  
To  Wellbeing-UK

 Follow up. Completed on 15 June 2023.

  Reply  Reply All  Forward  

Thu 15/06/2023 10:33



The MELISSA bus is now on-site offering health advice and physical health checks in the car park.

NHS staff will be manning the bus until late afternoon and giving away freebies as well as health and wellbeing support. Freebies include coffee cups, water bottles and Greggs vouchers for those who get involved (first come first served basis).

Don't be shy, make your way to the car park and chat with one of the team 😊

The Health and Wellbeing team

**Alison Poore & Julie Thompson**

E: [Wellbeing-UK@sterlingpsl.com](mailto:Wellbeing-UK@sterlingpsl.com) | T: +44 (0) 1918145567

Sterling Place, Dudley, Northumberland, NE23 7QG, UK

This email is being used to bring you health and wellbeing information. If you have a health issue please see Alison or Julie in Occupational Health direct.



Just wanted to offer thanks and appreciation for this campaign. I took advantage of all the tests, freebies, and the healthy living & wellbeing advice 😊

It can't be easy organising something like this, however it looks like there's been a good turnout and lots of fun and open discussions in the office about the wellbeing topics.

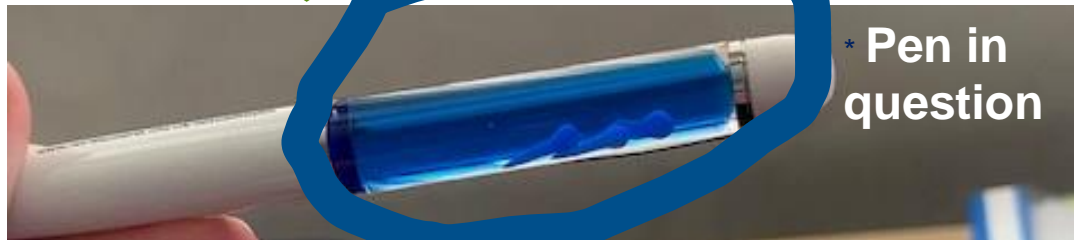
The Melissa team were super friendly and helpful.

Big thanks to the Wellbeing team.

It was great having the bus on site today, it's really important we start to look at topics like sexual health and I loved the freebies. Especially the \*pen!

I'd love to see more events like this, maybe we could do a blood drive if we could get someone to visit site.

It was a refreshing change from the normal campaigns and a great chance for people to seek external services that they may not have been aware of/had time for. The advertising was done in a tactful way so it wasn't too in your face. Really enjoyed it.



\* Pen in question



# Contact Details

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