

Sexual rights - diamond nine
I have the right to...

have a sexual relationship of my choosing

have my choice of relationships accepted by others

receive accurate information appropriate to my age and understanding

choose whether or not to have children

be comfortable with my sexuality

be treated with respect and dignity

choose the sexual activity that I am comfortable with

freedom to explore my sexuality

feel good about my body

be free to change my mind

freedom from sexually transmitted infections (STIs)

freedom from guilt or shame

access confidential sexual health and contraception advice and treatment

sexual pleasure

freedom from unwanted pregnancy

not harm myself or others

say no to sex I don't want

receive non-judgemental support whether I'm lesbian, gay, bisexual, trans or unsure