

SUN SAFETY TIPS



**KNOW YOUR
SKIN TYPE**



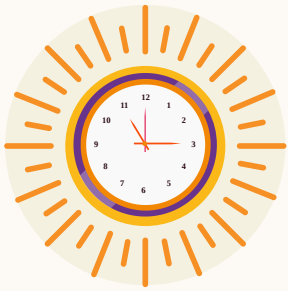
**USE
SUNSCREEN**



**WEAR PROTECTIVE
CLOTHING**



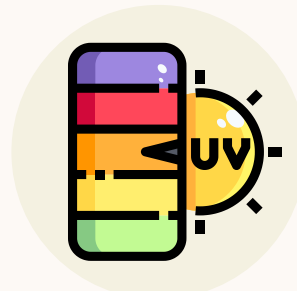
**WEAR A BROAD
BRIMMED HAT**



**AVOID SUN BETWEEN
11AM AND 3PM**



**USE
SUNGLASSES**



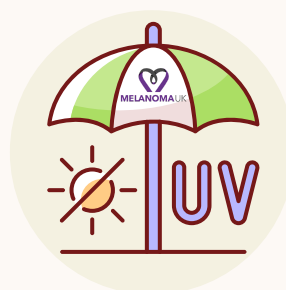
**CHECK THE
UV INDEX DAILY**



**AVOID
TANNING BEDS**



**DRINK MORE
WATER**



SEEK SHADE



**AVOID DIRECT
SUNLIGHT**



**DO A SKIN SELF
EXAM MONTHLY**

Fighting Skin Cancer Together