

M O C K T A I L

Raw Raspberry Shrub



How to Make

300g raspberries
50g raw honey
75ml raw apple cider vinegar

½ small pack mint , leaves only
750ml bottle sparkling water
ice

Step 1.

Put half the raspberries in a large bowl and lightly crush some of them with a muddler or a potato masher. Pour over the honey, stir well, cover and leave in the fridge overnight.

Step 2.

The following day, stir in the vinegar, then tip the mixture into a sieve over a large jug and press through using the back of a spoon.

Step 3.

Add the remaining raspberries, the mint leaves, sparkling water and ice. Stir gently to combine, then serve.