

Workplace: Glanbia Performance Nutrition

Award level: Gold

Main Subject: Cancer Awareness and Corporate Social Activity



Glanbia Performance Nutrition (GPN) is the number one global performance nutrition brand portfolio comprising Optimum Nutrition, BSN, Isopure, ThinkThin, Nutramino, ABB, Amazing Grass, Body & Fit and Slimfast, each with its own brand essence.

GPN's mission is to inspire consumers everywhere to achieve their performance and healthy lifestyle goals. It produces the full range of performance nutrition products including protein, pre-workout, muscle gainers and general health. Products are sold through a variety of channels including specialty retail, the internet and gyms in a variety of formats including powders, bars and Ready-to-Drink beverages. Our products are sold in over 100 countries and we are in the top three performance nutrition brands in over 20 countries.

GPN Middlesbrough employs approx. 220 people the majority of which are factory floor operatives. The site is a 24/7 operation with mainly a 4 on 4 off shift system in place.

Lorraine was first diagnosed in 2004 with breast cancer and since then, has faced it on a further two occasions. Today whilst remaining in full time work she still receives regular treatment to ensure the cancer is kept at bay.

"I still continue to receive treatment once every 3 Weeks at North Tees Chemotherapy Unit to reduce the risk of the cancer coming back and to help my body's immune system destroy any cancer cells".



Lorraine is a true inspiration to others not only within the organisation but also outside of it and as a result of this it was decided to honour Lorraine's journey and celebrate her zest for life.

This was echoed by Alex Baker, Operations Director:

“I am always inspired by people like Lorraine who face this incredibly difficult situation with bravery and dignity, whilst continuing in their daily lives, and I am further lifted by her desire to help others facing similar challenges”.

In 2018 Lorraine (along with the Company’s support) pledged to raise £10,000 for Macmillan Cancer Support.

“With the amazing response we received from last years’ Macmillans coffee morning, I wanted to get involved to help raise funds for an amazing charity and would like to thank everyone who made it happen”

To do this various awareness raising and fundraising activities took place throughout the year to achieve this ambitious goal. To tie this into the achievement of the Better Health at Work Award the awareness raising/fundraising activities would aim to involve as many of Lorraine’s colleagues as possible and involve undertaking physical activity with the fundamental goal of improving their lifestyles.

Alongside raffles and the well-known Macmillan Coffee Morning other fundraising activities included a sponsored walk up Roseberry Topping, participating in a charity dragon boat race, breast cancer screening awareness month (October) and ‘A Day in the Life of a Macmillan Nurse’.



THANK YOU GLANBIA PERFORMANCE NUTRITION

During 2018 you have raised an incredible **£12,325**

This money will fund a Macmillan Nurse for 440 hours to help to be there for everyone with cancer and support them to live life as fully as they can.

In attendance and participating in all of these events was Lorraine and supporting her were her colleagues, family and friends. The series of events was highly successful in more ways than one with many of Lorraine's colleagues participating in the events, a few people approaching Lorraine on a one to one basis to ask about various aspects of cancer (diagnosis, treatment etc.) and also the ambitious goal of raising £10,000 for Macmillan Cancer Support not only achieved but surpassed.

"It's only through the fantastic support we get from local companies like Glanbia Performance Nutrition that we can be there for people affected by cancer and their families when they need us most."

(Liz Airey, Macmillan Fundraising Manager)

Breast Cancer Awareness Sessions



As part of Breast Cancer Awareness month we held a number of drop in sessions with Public Health South Tees

In addition to the sessions our very own Lorraine Ferry held a session and shared her own journey and battles with breast cancer:

