

# Better Health at Work Award - Primary Care Programme (North East North Cumbria)

FREE Primary Care Workplace Health and Wellbeing Support



## New for 2023: Foundation Award



Better Health  
at Work Award  
Foundation Award

A new entry-level BHAWA has been designed specifically to support Primary Care organisations' engagement with staff health and wellbeing. The foundation award provides a manageable introduction to building staff health and wellbeing structures into Primary Care workplaces. This has been tailored to ensure it is achievable for Primary Care in a realistic timeframe.

## What the Foundation Level Award Involves

- ✓ A minimum of 1 trained Health Advocate required to support the programme
- ✓ Run a light-touch staff survey (template provided) to determine the health needs of the workforce
- ✓ Support to run a minimum of 2 staff focussed, health and wellbeing campaigns
- ✓ Support given to develop 1 new communication method and a workspace/facilities improvement related to staff wellbeing
- ✓ A small amount of evidence required to demonstrate all the above activity (5-10 pieces required)
- ✓ Achievable in 6 months or less
- ✓ The work completed at the foundation level can contribute towards the subsequent level, the bronze award

## Benefits to Participation

Support and resources provided to deliver staff health and wellbeing activities

Free Health Advocate and Make Every Contact Count Training

Additional free training and support events and webinars

Employer and employee benefits - happier and healthier workforce

Reduced sickness absence and improved productivity

Alignment and contribution to the CQC process

Improved staff retention and becoming an employer of choice

Accredited award which is nationally recognised

BHAWA is a progression-based programme with cumulative benefits. This level sets Primary Care organisations up with the foundations for success to progress through the preceding BHAWA levels.



## Get started today:

To discuss the FREE opportunity further please get in contact with the dedicated primary care team:

[jack.lyon@nhs.net](mailto:jack.lyon@nhs.net) or [charlotte.wood60@nhs.net](mailto:charlotte.wood60@nhs.net)

<https://www.betterhealthatworkaward.org.uk/>

